

9aimat anachatat lewlad eli yeqraw filqism ate7dhiri

Yal waldin ya l3zaz,

Wladkom ye9edrou ydirou bezaf 3fayes f dar, W bezaf swaleh m3akom w b douzane li nelkawhom f koldar. W hadek howa ta3lim sah wel ha9i9i.

Wlad seghir jamais yedir 3afssa machi mliha. Yaghlat, yssayi, yentrini. Hakka li yett3alm w nalmouh yendjeh.

Wlidkoum yesha9 rythme yetab 3o.

seyiw tnawdoh w tra9douh daymen f nafs elwakte w tehtarmou taw9it kol youm.

Seyiw dirou m3ah des activités kol youm fi nafs el wa9t tani mathalan: Erresmou m3ah sba7 , ele3bou m3ah un jeu de société le3chiya w 9bel ma yer9ed e9rawlou 9issa.

Ida matahadrouch le français dirou les activités ta3 had la liste b logha li tefehmouha ntouma.

Marissou anchita ta3 riyadiyat:(maths) :

- Bla7wayej ta3 koul youm yet3lam ye7sseb mathalan: Rouh hawsli 3la 4 habat ta3 tafa7, E7ssb 3adad el al3ab wela sayarat, Segum tabla li 4 3ibad, Wech kayen ktar tefa7 wala landjass.
- Ratib m3a wlakoum l'hwayej mathalan: Segmou sayarat men sghira hata lekbira, classiwhoum 3la hssab lawn sayara. Setfou les boites wahda dakhel lokhra.
- Lazem t3alohom w tfakrouhom f taw9it yawmiyan mathalan: Wech men yawm rana lyou, Wesh men chhar rana.
- Ele3bou al3ab m3a wlakoum mathaln puzzles.
- Se9ssouhom asiila m3a istikhdam asmae ta3 ghoraff ali kaynin f dar mathaln: asmae les meubles, asmae el itidjahat: faw9a, ta7ta, yamin, yassar, dakhel, bera. Mathaln: seNse9sou lwled win kheba lo3ba dyalou w nguidiweh b kelmat raho dakhel raho men fou9 rahou men te7tetc.
- Nele3bou m3a al3ab de société mathalan : carta, domino , al3ab el 7issan etc. S3ib yeqbel yekhsr f had l3mer bessah hadja 3adiya hadi tani ta3lim w haka yat3alam.

Marissou anchita ta3 lhadra (logha) :

- E9raw wela a7kiw lewlidkoum 9issa w 9ololo howa ya7kihalkoum. Wida ma9derch se9siweh asiila.
- 9oloulou yewsefelkoum teswira men kesh ktab.
- 9ololou yahkilkoum kesh miki chafou f la television (Malazemch wlakoum yetfardjou bezaf la televion surtout sbah ki ynoud w fe lil 9bel ma yer9ed).
- Etelbou men wlidkoum ya7kilkoum kesh hadja sratlou. Mathalan hadja sratlou f lemssid wela fenhar.
- 9ololo yekoul bi tari9a okhra wach heb yqoul ki ma y3eberch mlih.
- Ida ma3rafch yanta9 kalma mo3ayana, 9ololou yfixi fomomekoum, w t9oloulou le mot exact w howa y3awed mourakoum.
- Ele3b m3ah b les jeux de société w 9ololou yfehemkoum f 9awa3id lo3ba ida rah fahemhoum.

Al moucharaqua fel achghal ta3 edar:

- Khelou wlakoum ycharkou m3akoum fel wadaif el yawmiya ta3 edar:
yehat la table ta3 makla, w ydibarrisaha, y seguem lehwayedj, etc.
- Khelouh ytayab m3akoum fel cousins w 9ouloulo y9olkoum asmaa ta3 les ingredients, a3toulou mara7il ta3 el wasfa besh howa y3awedha mourakoum.
- 9oloulou yelbes 9echou wehdou w yqolkoum wesh yelbes. 9oloulou yelbess wehdou yeswivi l'ordre: slip, serwal, triko, t9acher w sebat, etc.
- 3almouh ydekhel rbat ta3 sebat dakhel t9abi w lwlad li kbar chwiya yerebtou wehedhoumm.
- Khalou wlakoum yethelaw m3akoum f les plantes wel hayawanat li trabohoum fe dar ida 3ndkoum.
- Nechrou m3a wlakoum lhwayedj.
- Treriyiw m3a wlakoum t9acher ta3 ga3 la famille “la hsab lawn, la taille, ect.

Marissou al achghal al yadawiya wela el faniya:

- 9oloulou yersem wela ylewen hadja eli yhabha, wela hadja chafha f hadek nhar.
- Esem3ou m3ah moussi9a w se9ssouh wela habha w we3lach?

- kelih yekhdem b l3adjina ta” el bi3 wela ta3 edar (farina wal melalh), ydir biha dowayrat, a3mida, hayawanat, ect.
- Achat7ou m3ah 3la mousi9a li thabouha.
- 9olulo ybougi kima hayawanat: yeqfez kima difda3, yetlewa kima la7nach, ect.
- Khelouh yetouchi adawat mokhtalifa ki tirou lmakla mathalan: mgharef, lambout, les pots. w khelouh ydafa9 el ma dakhel bassinat bhadhouk lahwayedj. ombe3d Y3awenkovum besh tna9ou l7ala.
- Ghanou m3ah al anachid.
- Etelbou menou yesma3 assouwat li djayin men bera w y9oulkoum ta3menhoum.
- Eressmou kesh hadja w 9ololou wachnouha.
- Ele3bou m3ah al3ab ta3 el binae: legos, kapla, wela ayi hadja thet wahda fouk lokhra yalokan b boiyet ta3 yaourt wela lkissan ta3 plastiques.

Moumarassat anachatats al djassadiya:

- Dirou la gym m3ah: tawazoune(équilibre), el 9afz(sauter), douwer 3la rouhek(roulades), etc, hadja ma ta7tadjch bezaf plasssa wela harakat ta3 chti7.
- 3awnouh yemchi fo9 mkhedat bla maytih.
- Atlalbou menou yemchi 3la khat mousta9im betawazon.
- Khelouh yezhaf tahta lekrassa.
- Tiriw m3ah t9acher dakhel 9oufa f lerd wela me7touda fou9 tabla.

marissou anachatat al 3ilmiya:

- Gharssou m3ah bodhour ta3 la3des, loubya, 9er3a f lerd wela dakhel lo9ten, etc. 9oloulou yersemelkom wech dertou. Mara fi smana, chofou m3a wlakoum wesh ghrestou w 9ololou yeresmlcoum wesh chafou.
- 3tiweh ydou9 mwakel w9oloulou devini wechno had lmakla wella mal7a wela 7lowa. Ama lewlad lekbar yet3arfou 3la lmakla li da9ouha.
- a3tolhou 3fayess w 3inih mghamdin w 9ololhou esq 3raftou wechno hada w 9ololhou yewesfhoulek: sghir, rteb, 7nin, etc.
- Ekherdjou ftabi3a wela lel parc ki ywelo ne9drou nkherdjo. Wella, 9oloulhou ychouf me ta9a wela mel balcon w se9sih: esq 7al skhoun lyoum wela bared? Lhal rah djaf wela ratba? Chem eri7, choufou lghouyoum , el alwan te3 el azhar.....

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Marissou anchita ta3 riyadiyat:(maths) :

- Djarbo dakhlo routine diyalkom ta3 dar bach t3almolo yahsseb: par example: ida rako diro recette ta3 tyab kolo l wlidkom ydoubli les mesures f hadik la recette. Ida kanate recette l zoudj 3ibad kololo yerraddeha pour 4 3ibad, 6 3ibad wella 8.
- Awazno m3ah les quantités. 9isso m3ah les objets ta3 dar kima les meubles, les escaliers. Compariw binathom wella bin tol diyalo w wazn diyalo. Example: bach nakhadmo une Leila, chehal lazemelna men mekhadda?
- Nwalfolo ya3ref elyamate wel wakte: kolyom nsakssiwah wach men nehar rana ? chehal rahi sa3a ? takder dir hadik el3afssa 3la nass sa3a, koli ki yelhak elwakte. Chehal 3andek w nta tel3ab ?
- Tel3ab m3a wlidek les jeux de société : kima el-carta, jeu d'échec, damma, yam, tamgram, mikado, dominos,... Nsakssiwah chcoune rbah w kifach rbah.
- Yersem le plan ta3 chambre diyalo, ta3 dar, ta3 la résidence el-homa.
- Yet3alem ya7akm les repères diyalhou : mnine techrak chams (echark) mnine taghreb (elgharb), echamal w eldjanoub.
- Kolyom 3ass m3ah elwakte li techrak fih chams w taghreb.

- Kolyom proposilo yakteb kelma/ djomla f le calendrier: la3ba yedireha, défi (tahadi), souvenir (dikraya), insane 3ayatlo ftiliphoune, une blague (nokta), ihssas cho3or (émotion).

Marissou anchita ta3 lhadra (logha) :

- Akra lewlidék hkaya (wella m3ahou) w se9ssih y3awed yahkihalek. Saksih as2ila 3la lahkaya ida mayakderch y3awed yahkihalek.
- Kollo y3awed yahkilek elmiki li chafo (matkhahomech ychofo bezaf la télé, nas sa3a f nehar takfi et évitiw sebah ki ynodo wella f lil kbal mayerakdo). Proposiwlo yersem hadek elmiki li chafo w yakteb el-hiwar li sra mabine les personnages w yebadel enihaya ta3 elmiki.
- Demandiwlo yahkilkom 3afssa 3acheha example : 3afssa 3acheha f neharo ki rah lamssid yakra.
- Ki maya3refech yefahmek 3afsa kolo yefahamhalek b tarika wahdokhra.
- Proposilo yakra lil yebghih (plaisir), des BD, riwayate, manga, etc.
- Yakteb wach yhab : talkhis ta3 ktab, BD, manga, wella wach dar f neharo. Rissala l shabo, l talamidh ta3 el 9ism dialou, etc.
- Yekteb l3aila mail wella rissala.
- Etalbou menou yakra b sot 3ali l khoh lakbir wella seghir. Te9dar te9ra m3ah B dala w tebedlou sawt diyalkoum.
- Ele3b m3ah les jeux de société w 9ololou yfehemkoum f 9awa3id lo3ba ida rah fahemhoum.
- Yerssem wyetleb men wahed yelqua wech arssem, yerssam 3ibara, lou3bat Al machnou9(le pendu), Yerssem 3aks Kalima, etc.

El mouchareka fel achghal elyawmiya:

- Y3awen ye7at tabla, ydibarassi, yesseguem hwayedj, etc.
- y3awenna f tyab, yakralna howa la recette. W ida kan chuiya kbir nkololo lih yedir la recette w ytaba3 les étapes diyalha.
- Demandilo yethalla f les plantes (enabatate) ou hayawanate.
- Yarssem hayawanat (animaux) w nabatate (plantes).

Marisou acheghal yadawiya wa faniya:

- 9oloulou yersem wela ylewen hadja eli yhabha, wela hadja chafha f hadek nhar.
- 9oloulou yersem wela ylewen whouwa yesma3 al moussi9a.
- Yelssek wer9at moulawana wela m9ate3a men djranane bach yakhdem bihoum mosaique, tableau,etc.
- yakhdem statue (timthal) bel papier, cartone, pâte à modeler (3adjina), 9ita3 khacheb, belhdid, ect.
- Essme3 m3ah qit3a moussi9a w tleb menou ila 7abha ou we3lach?
- Etlebou menou ydir hayawanat, wouhouches bel 3adjina(pâte à modeler).
- Safi9 m3ah bil aydi bidaya aw nihayat lahn moussi9i.
- Gheni m3ah oughniyat yhabha.
- 9oloulo ybougi kima hayawanat: yeqfez kima difda3, yetlewa kima la7nach, ect.
- Yerssem hadja w wahed akher mlafamille yehawel yelka wach erssem.
- Al3eb m3ah lou3ab Al binae: lego, kapla.... dirou ta7adiyat mathalan: chkoun ydir a3la binaya.
- Dir m3ah achkal b domino wela 9ita3 w khelih yetayehhoum, ydir tariq bach tmour 3lih koura sghira(balle, bille).
- Ye9oul bissawt mountafi3 al 9assaid elli Y7ebha m3a lfamiliya, bitour9 moukhtalifa: Bihoudoue, bisawt 3ali, bedhahk...etc.
- 9oloulou yeba wella ykheless fel cahier ta3ou rasm 9assida, oughniya wela ma3radh,etc.
- tleb menou 3diguizi rouhou hata ma n3e9louhch we yesewer rouhou.
- Asna3 m3ah a3la Bordj moumkin blhwayedj ta3 dar w kissou l 3oulou.

marissou anachatat ariyadhiya (sport):

- Dirou l'échauffement m3a gue3 lfamiliya kima 9bel la gym wella chti7.
- Dirou la gym : 9efz(sauts), atawazoun(équilibre), dour fouk alardh (roulade) Eli mats7a9ch bezaf plassa.
- Chet7ou m3ah 3la mousi9a eli T7abouha

marissou anachatat al 3ilmiya:

- Gharssou m3ah bodhour ta3 la3des, loubya, 9er3a f lerd wela dakhel lo9ten, etc. 9oloulou yersemelkom wech dertou. Mera fi smana, chofou m3a wlakoum wesh ghrestou w 9ololou yeresmlkoum wesh chafou.
- Choufou m3ah al 7ayawanat ilakan 3endkoum. Se9ssihoum 3la hadhi al 7ayawanat w howa yehawel yedjaweb.
- Asne3 hwayedj bach dir tahadi. Mathalan: koul wahed yesna3 un parachute. Eli yerbah houwa eli parachute ta3ou yel7aq el lakhar el ardh(sol).
- Ekherdjou ftabi3a wela lel parc ki ywelo ne9drou nkherdjo. Ychoufou anabatat , el hayawanat, etc.

Lebnat w lewlad lkbar fedar, ydirou w anachatat ta3 ata7dhiri w al ibtidai m3a khiyathoum asghar.